**Terms and Conditions**

**Hypnotherapy Sessions and Fees**

Each standard therapy session lasts approximately 60 minutes and current fees are as per www.seaglasshypnotherapy.com

Fees are subject to change at any time.

Fees quoted will remain same throughout the duration of your treatment even when fees change during this time.

Full payment is required at time of booking, which secures your appointment day and time. Payment method via Bank Transfer.

The duration of therapy will be specific to the client, the client’s goals and expectations and the client’s commitment and motivation. A ‘cure’ cannot be guaranteed and nor is this claimed.

An indication of the number of sessions that might be required may be provided at the initial consultation, however this will be consistently reviewed, and a client centred approach gives you the choice to decide when you feel you have reached your goals and therefore terminate the sessions.  
Suggestion of duration of therapy sessions serves only as a guide as all clients are different in their advances and progression.

**Commitment, Standards of Behaviour and Code of Conduct**

I am a member of The National Council of Hypnotherapists and I ensure adherence to the specified Professional body Code of Conduct.

Throughout your therapy sessions I will:

* Respect your dignity, individuality, and privacy and confidentiality (see Confidentiality)
* Act with honesty and integrity.
* Provide the best standard of hypnotherapy practice possible.

You as the client must agree to:

* Respecting the privacy and confidentiality of your therapist.
* Committing to engagement in sessions, and to being motivated to gain the best results possible.
* Attend sessions on time and not under the influence of alcohol or recreational drugs.

If your conduct should breach these standards, then Seaglass Hypnotherapy reserves the right to terminate the session and or refuse future sessions.

I also reserve the right to refuse treatment where I believe hypnotherapy is not an appropriate therapeutic intervention.

**Consent to Treatment**

In the Initial Consultation I will request consent for your agreement to proceed with Solution Focused Hypnotherapy. Implied consent will be taken for each subsequent session based on bookings of further sessions.

For treatment of children (Under 16s), Parental consent will be required.

**Cancellation Policy**

Cancellation and rescheduling of a therapy session require a minimum of 24 hours’ notice.

Consideration will be given on individual circumstances, however if less than 24 hours’ notice before session start time is provided or in the event of repeated rescheduling, I reserve the right to retain 100% of the fee paid.

Appointments cancelled between 48 and 24 hours before the session start time, 50% of session fee will be retained, if that appointment cannot be filled.

If an emergency requires Seaglass Hypnotherapy to cancel your session, I will endeavor to provide as much notice as possible.

Full refund will be returned if less than 24 hours’ notice provided or carried over for a rescheduled appointment.

**Punctuality**

You are expected to attend your session punctually. If you anticipate attending late please contact Seaglass Hypnotherapy.

In a delayed session start it may not always be possible to accommodate lost time and session will still finish at scheduled finishing time.

**Confidentiality**

Any personal information is held in strictest confidence.

The information captured will be used exclusively for the purpose of providing therapy.

Regulation in respect of use and storage of your data as per Privacy Policy will be strictly adhered to.

**Online Sessions**

Where there are technological malfunctions, reconnections will be attempted during the allotted time. In the event of a complete technological failure, the appointment will be rescheduled to a mutually agreeable time to complete the remaining time left in the session.

Offline contact details can be used for the remaining treatment where it is reasonably possible and mutually agreed. A back up contact method will be required.

**Disclaimer**

Solution Focused Hypnotherapy is an complementary therapy and is not a replacement for medical treatment, psychological or psychiatric services. Seaglass Hypnotherapy does not diagnose conditions of any nature.